

Heather Lynn Krantz



Heather Lynn Krantz

Born: May 25, 1984 – Salt Lake City, Utah

Died: September 27, 2008 – Murray, Utah

Daughter of Randall Robert Krantz and Susan Colleen Quigley Krantz

Viewing:

Murray Memorial Mortuary
5850 So. 900 E., Murray, Utah
6:30 p.m. – 8:30 p.m.
September 30, 2008

Funeral Services:

Church of Jesus Christ of Latter-Day Saints
Holladay 8th Ward
5450 So. Holladay Blvd., Holladay, Utah
Pre-viewing 11:00-11:45 a.m.
Service 12:00 p.m.

Internment:

Holladay Memorial Park
4900 South Memory Lane, Holladay Utah

Funeral Directors:

Cottonwood Funeral Home

Truth in Spirit

By Heather Krantz

Days go by
Pictures fade away
Summer turns to Fall,
But our spirits live forever.
We say hello and say goodbye
Our bodies turn to dust,
Replenishing the earth,
But one day we'll all be together.
Finally the end is near,
We say our final prayers,
We return to God up in Heaven,
Becoming the angels we truly are.



Conducting: Bishop Thayne Tagge

Family Prayer: Mark Herrscher, Brother-in-law

Prelude Music: Lorraine Wood

Invocation: Justin Parker, Family Friend

Opening song: "How Great Thou Art"

Reading of Obituary: Jake Wilson, Cousin

Speaker: Rachael Krantz Herrscher, Sister

Speaker: Amy Krantz, Sister

Musical Number: "I Heard Him Come"
 sung by Sarah Ogden, Friend,
 Accompanied by Sheryl McGlochlin, Cousin

Memories of a Friend: Susannah Hicken, Friend

Parents Tribute to Heather: read by Kay Barton, Family Friend

Musical Number: "Homeward Bound"
 sung by Spencer Forsey, Family Friend,
 Accompanied by Sheryl McGlochlin, Cousin

Closing Remarks: Bishop Thayne Tagge

Closing Song: "God Be With You"

Benediction: Richard Bennion, Family Friend

Postlude Music: Lorraine Wood

Dedication of Grave: Herald Mickey Quigley II, Uncle

Pall Bearers

Jeff Krantz, Uncle
 Russell Krantz, Uncle
 Corey Payne, Uncle
 Jake Wilson, Cousin
 Braxton Fritz, Cousin
 Miles Skow, Cousin
 Craig Payne, Cousin
 Ryan Krantz, Cousin
 Jon Sargeant, Cousin

Honorary Pall Bearers

Robert H. Krantz, Grandfather
 Herald Mickey Quigley, Grandfather
 Dale Eskridge, Uncle
 John Poulsen, Uncle
 Ron Skow, Uncle
 Nathan Quigley, Cousin
 Thomas Krantz, Cousin
 Kolby Krantz, Cousin
 Mark Herrscher, Brother-in-law
 Joshua Herrscher, Nephew

(Excerpt from Heather's Book titled "Pieces of Green")

"I chose the title "Pieces of Green" for my book because green has been my favorite color ever since I was eighteen months old. The color green often represents new life, change, health, hope, growth, safety, and finally healing. Each and every one of those things has played a major role in my life, so it is no coincidence that I have surrounded myself with pieces of green.

The color green represents:

- **New Life.** My new life came as a gift and a very precious gift at that. It is very rare for someone to get a second chance in the form of a new life. Second chances are true blessings. Sometimes they come in disguise; other times they hit you right smack in the face.
- **Change.** Change for me is extremely difficult, but as human beings, we all must go through it. For some, change occurs more often than for others; I believe that to be true in my case. Meeting new people or letting go of someone is not something I deal well with, however, I believe change helps make us who and what we are.
- **Health.** With health issues some people have no problems whatsoever, some people have illnesses that can easily be treated, and as for others, well they get the "luck of the draw". These people are called "interesting", "challenging", and "complicated" by the doctors that were sought out to treat them. They are people like me and despite the fact that I almost always have something wrong going on with my body, I have amazingly managed to stay relatively healthy.
- **Hope.** I live on hope and the funny thing is it doesn't take a lot to give me hope. Maybe one day was better than the last, there is hope for tomorrow and if that tomorrow was as good as you had dreamed it would be, there is hope for the future. To some, hope is a silly thing and a sign of weakness. Some people believe hope leads to nowhere. I believe hope can lift a spirit and make for a better life.
- **Growth.** Growth has been a very difficult concept for me. I still struggle daily with what it means for me to grow. The way I see it there are two kinds of growth. Growing up from child to adult and growing personally. Sometimes it is hard for me to see how I have grown in those areas. Fortunately, I have wonderful people in my life showing me how I have grown each step of the way throughout my life.
- **Safety.** There have been numerous occasions in my life where I have felt unsafe. As a young child I would take my green baby blanket with me everywhere. I felt that my blanket had super powers and could make everything – even unsafe situations – okay. My mom made it for me before I was born and now I look at that worn green blanket as a sweet reminder that no matter where I was, my mom was with me making sure I was safe.
- **Healing.** The human body's ability to heal is so amazing! Some say that the color green has the ability to help people heal faster and that the color green is easy on the eyes and very relaxing. I believe that to be true. Sometimes people not only have to heal physically, but emotionally as well. I think that I would rather suffer through the physical pain of healing than go through the ups and downs of healing emotionally."